



children's hospice
SOUTH WEST

Green Man Challenge, 14th March 2010

as at 02/03/2010 16:15

	start	end	miles	mls from start	mins per mile	leg time	time from start	start	end
1	Ashton Court	Dundry	5.0	5.0	00:15	01:15	1:15	07:00	08:15
2	Dundry	Pensford	5.0	10.0	00:15	01:15	2:30	08:15	09:30
3	Pensford	Keynsham	5.5	15.5	00:15	01:22	3:52	09:30	10:52
4	Keynsham	Shortwood	5.5	21.0	00:15	01:22	5:15	10:52	12:15
5	Shortwood	Hambrook	5.8	26.8	00:15	01:26	6:41	12:15	13:41
6	Hambrook	Patchway	5.0	31.8	00:15	01:15	7:56	13:41	14:56
7	Patchway	Blaise Castle	6.5	38.3	00:15	0.1	0.4	14:56	16:33
8	Blaise Castle	Ashton Court	6.6	44.9	00:15	01:39	11:12	16:33	18:12